

AHA POWER SERIES CLIENT PRE-POST PEEL TAKE-HOME INSTRUCTIONS

Considerations: Your skin condition, overall health, and not being under a doctor's care for any skin or immune disease are the biggest factors in determining if you are a good candidate for an AHA POWER SERIES PEEL. If you have any concerns as to whether you should have this peel, please consult your skin care Professional, or ask your doctor or dermatologist.

AHA Power Series Peels are used to correct wrinkles and fine lines, acne scars, hyperpigmentation and sun damage, lack of collagen or elastin, or the need for a youthful look that will turn back time. It is beneficial to persons of all skin types, ethnicities, conditions, such as Rosacea. This treatment can be used on face, neck, chest, back, arms, hands, etc.

Optional Prep for your AHA Power Series Peel:

1. Professional Skin Care Consultant will advise the necessary Pre-Prep Treatments in order for you to receive your maximum achieved skin rejuvenation goal. Please Review Spa Girls Reversing Time Programs.
 - Double Peel: AHA Power Series Peel with a PowerDerm Kinetic Dermabrasion Treatment is your most Pre Peel desired Prep.
 - SPF 30 is the minimum required.
2. Receiving a Reversing Time Treatment Program will ensure a long term desired rejuvenation effect.
3. Surface Aging accelerates because of an Internal Problem with the Lymphatic Systems ability to provide necessary blood nutrients and interstitial plasma nutrients to the Dermis for Collagen and Elastin, as well as, promoting strong healthy skin cell growth in the Epidermis. Resurfacing PowerDerm Kinetic Dermabrasion Treatments will not only remove the external flaws of imperfection but will correct the internal problem causing accelerated damage at the surface of the skin. However, it takes a Reversing Time Treatment Program to correct the Internal Layers of Damage while removing External damage.

PowerDerm Kinetic Dermabrasion has 88 Responses in the Epidermis and Dermis and utilizing the Multiple Reversing Time Program enables the 88 Responses to be 100% replaced with a Perfect Working Epidermal and Dermal Structure.

PowerDerm:

1. Removes the Outer Surface Tissue
2. Triggering Fibroblast Secretion of Collagen, Elastin, and Dermal Matrix Ground Substance in the DERMIS
3. Causing a Lymphatic Drainage massage pumping 60+ Blood nutrients into the Dermis up to the Epidermis while it is dermabrading.

AT-HOME POST TREATMENT REGIMEN

Post Treatment Healing Essentials. It will be important to moisturize your skin with a quality, healing crème such as, Spa Girl's Infusion Phyto-Extract Creme and Cleanse with Spa Girl's Eucalyptus Tea-Tree Calming Cleanser. It helps in the regenerative process. This is important for a perfect healing response, as well as, any Reversing Time Treatment Program.

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AHA POWER SERIES POST-PEEL HOME CARE AND CAUTIONS

1. Use your fingertips only, and massage Spa Girl's Eucalyptus Tea-Tree Calming Cleanser onto your skin, pat dry and apply Spa Girl's Infusion Phyto-Extract Creme.
2. **NEVER USE ANY ACID-BASED PRODUCTS DURING AHA POWER SERIES PEEL TREATMENTS.** Such as Lactic Acid, Glycolic Acid, or Salicylic Acid Cleansers or Crèmes, Acne skin products. Read All Product Ingredients thoroughly.